



The Urban Farm 4-H Club



What is 4-H?

- A youth development program in existence for more than 100 years.
- Purpose is to assist youth by helping them become self-directed, productive, contributing members and leaders of society through interaction with adults who care.
- 4-H is youth sharing, learning and growing to make the best, better!
- 4-H is learning and developing Life Skills. 4-H helps develop such skills as communication, citizenship, decision-making, leadership, interpersonal relationships, community and global awareness.
- 4-H is centered on the home and family. Encouragement and involvement is the basis of 4-H.
- The most important is that 4-H is open to ALL people! 4-H happens in all types of places. The city, suburbs, small towns, on farms and ranches.
- All children and youth between the ages of 5 and 18 can become members of 4-H. Visit [Colorado 4-H](#) for general information about 4-H in Colorado.
- The Urban Farm or TUF 4-H Club belongs to the Adams County Extension of Colorado 4-H.
- Visit [Adams 4-H](#) for all ADCO (Adams County) 4-H information throughout the year. [Sign up](#) for 4-H Weekly News (a must have)
- Youth who are 5 through 7 years of age on or before December 31, 2018, may enroll in 4-H as a [Cloverbud](#).
- Youth who are 8 years of age and have not reached their 19th birthday on or before December 31, 2018, may enroll in as a [Traditional 4-Her](#).
- Adult volunteer leaders play an important role in the 4-H program. Volunteers coordinate local community clubs and help to plan and conduct local, regional, state and national 4-H events. [More info](#)



Who sponsors 4-H?

- Nationally, by the United States Department of Agriculture
- Funded as part of the CSU Extension Program
- Organized and run by volunteers.



What is the significance of the four leaf clover?

- The clover is the 4-H emblem and signifies the meaning of each of the H's – head, heart, hands, and health.



What do kids do in The Urban Farm 4-H Club?

- Learn and grow by completing projects – goats, sheep, poultry, rabbits, heritage arts, shooting sports, Cloverbuds, and more.
- Work with the adults to set project goals, make plans to reach those, and complete the projects.
- Demonstrate new skills and give oral reports to their club.
- Work in teams as well as individually with the project leader and resource people.
- Demonstrate their projects at county or even state fair.
- Participate in livestock projects without having to own and house livestock at their own home.
- Are involved in community service projects and community 4-H events.

All 4-Hers-

- Need to declare their projects at online registration (link at bottom).
- Need to complete a record book for the project they have declared or an officers record book if they are an officer in The Urban Farm 4-H.
- [Complete list](#) of all 2018-2019 4-H projects offered by CSU Extension



How often do The Urban Farm 4-H members participate in meetings?

- All members, including parents, must attend general club meetings run by 4-H officers. Officer elections are held in the winter of each year.
- In 2018-2019 year, club meetings will be held on the second Saturday of November, December, February, April, June, and July from 11:30am to 12:00pm
- Attend project meetings as set by the project leader (see the following page). Parents are always welcome and encouraged to attend to support their children in their 4-H journey.
- Meetings take place at *The Urban Farm 10200 Smith Rd, Denver CO 80239*



How much does it cost to be The Urban Farm 4-H member?

The total cost will vary by project but the minimum amount a 4-Her can expect is \$160. Dues go up if the project will use farm animals.

Here is the breakdown:

- Step 1: Join Adams County 4-H – starting October 15, 2018. There is a \$40 fee per child.
 1. Choose Adams County from drop down menu, regardless of which county you reside in, and The Urban Farm as the 4-H club. You may send a check or pay online.
- Step 2: Contact TUF to let us know you registered with Adams County (ADCO)
- Step 3: Become TUF member – \$60 annually. Please fill out the online membership/waiver & release form and make your payment online.
- Step 4: Pay TUF 4-H Club dues – Annually – Club dues go toward Farm fees associated with animal housing, feed, medical care, and supplies, project handbooks, fair registration fees, club parties, awards, and other items.

1. Cloverbuds \$60
2. Traditional 4-Hers - \$60 for non-animal projects (table top) or for animal projects when animals are housed at 4-Her's house.
3. Traditional 4-Hers - Animal projects when working with TUF animals:
 - a) poultry or rabbits \$120 per project, \$60 each additional animal project.
 - b) sheep or goats \$160 per project, \$60 each additional animal project.

Cash or Checks only, made out to TUF 4-H

- All existing and new The Urban Farm 4-H members must register annually with Adams County Extension beginning in October and do so within 30 days of deciding to continue with The Urban Farm 4-H or deciding to join The Urban Farm 4-H.
- If you are a new 4-H family you can contact the Adams County [extension agent](#) with any general 4-H questions. Adams County does offer scholarships to families who need help with paying fees.

The Urban Farm does not wish to turn away any child who wants to participate in 4-H. If a 4-H member is not capable of paying the monthly dues they may apply for The Urban Farm [scholarship / work exchange](#).



How do I get more information about The Urban Farm's 4-H club?

For further information contact Amy Marris, TUF 4-H Organizational Leader at xbenvygreen@yahoo.com. Better yet, stop by the Farm and see first hand how this remarkable program works.

Check out our Facebook page <https://www.facebook.com/TUF4H> for TUF 4-H related info.

TUF 4-H Project Leaders

Club Leader: Amy Marris xbenvygreen@yahoo.com

Poultry: 2nd and 4th (and 5th if applicable) Saturdays 9:30am – 11:30am

Jessica Leto Jessica_Leto@fd.org

Goats, Sheep: Tuesday 4:30pm -6:00pm and Saturdays 10am – 11:00am

Amy Marris xbenvygreen@yahoo.com

Rabbits: 2nd and 4th Saturday 10:30am -11:30am

April Chase aprilchase@msn.com

Cloverbuds: 2nd Saturday 10:00am -11:30am

Jenny Starr rowan.starr@gmail.com

If you don't see a project your child is interested in, you can work on the project as an individual at home, or consider becoming an [adult leader](#).

Quick 4-H ENROLLMENT Steps - 2018-2019

FOR NEW 4-H MEMBERS

[4HOnline website](#)

- A family profile is REQUIRED. Create family profile by selecting the “I need to setup a profile” button. Once a family profile is setup, you will ADD individual youth and adult (members) in your account. Once all profile information has been verified and is current under the Personal Information, Additional Information, Health Form, and Participation (Club/Projects), etc., click “Submit Enrollment”. The county Extension Office will review all information submitted. The member will receive an email confirmation once membership approval is granted.
- **ONE(1)FAMILY PROFILE PER HOUSEHOLD!** Write down and place in a secure location your email address and password.
- If you lose your e-mail or password, contact your County Extension Office for assistance - **DO NOT SET UP ANOTHER FAMILY and/or MEMBER PROFILE!**
- **Note:** An **active** membership status **WILL NOT** be granted until participation fees have been paid.

FOR RETURNING 4-H MEMBERS

[4HOnline website](#)

- Use your e-mail and password and access your established profile . **If you lost your email/password, CONTACT your County office for assistance! DO NOT** establish another family or member profile on 4HOnline if you already have one in the system.
- **REVIEW YOUR PROFILE VERY CAREFULLY.** Click on the “Edit” button (right side) on inactive member’s profile listing. Review and update all information associated with this profile. **DO NOT JUST CLICK AND MOVE ON - CHECK IT ALL!!!!** Incorrect information will affect ability to register for events, proper enrollment fees, communication, etc. Once all profile information has been verified and is current under the Personal Information, Additional Information, Health Form, and Participation (Club/Projects), etc., click “Submit Enrollment”. The county Extension Office will review all information submitted. The member will receive an email confirmation once membership approval is granted.
- **If your enrollment is NOT in 4HOnline and you have enrolled in the past, please contact your county Extension office!**
- **Note:** An **active** membership status **WILL NOT** be granted until participation fees have been paid.