



The Urban Farm at Stapleton

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 www.TheUrbanFarm.org

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 phone

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| Session: | Fall Program – Embracing Horses (retain this sheet for your information) |
| Event Dates: | September 15, 2008 (Monday) December 13, 2008 (Saturday) NO CLASSES: Nov 24-30 (Holiday) |

THE MISSION OF THE URBAN FARM (TUF) is to teach agricultural and environmental education to urban children and youth. Our program goals are to:

- Teach applied animal and plant science to urban children;
- Build a community in which children and youth can pursue healthy lifestyles and where values of respect for people, animals, and the environment are reinforced;
- Ensure that Denver children and youth will be stewards for agriculture and open space.

In our fifteenth year of operation, TUF serves almost 3000 children each year through school-linked and farm-based programs. Programs are offered during the day and after school. In all cases, we focus on learning, team spirit, and work ethic.

TUF Annual Family Membership is required for participation in any Urban Farm activity (Embracing Horses, 4H, Community Gardens, etc.). The TUF Membership year is September 1st – August 31st.

4-H Membership is required of all participants in TUF after-school programs Kids in 4-H learn and grow by completing projects with the help and guidance of project leaders and other volunteers. They work with the adults to set project goals, make plans to reach those, and complete the projects. In the course of the project they will demonstrate their new skills and give oral reports to their club. The kids work in teams as well as individually with the project leader and resource people. Ultimately, youth demonstrate their projects at county or even state fair. The 4-H year is October 1st – September 30th.

EMBRACING HORSES PROGRAM – TUF’s multi-level horsemanship education program focuses on increasing knowledge about horses and riding disciplines, developing riding skills, and building human/equine partnerships. Riders must pass each level before moving to the next. Riders who have not matriculated through our program must test into any level above Beginner 1. Contact Donna for testing.

- Very Young Riders For riders 5 – 7 years of age.
- Ponytails For riders 5 – 7 years of age who have taken two or more VYR classes. Must have permission of instructor.
- Beginner 1 Must be 8 – 16 years old. No prior experience required. Class emphasizes basic handling and familiarity with horses on the ground and at the walk. The trot is introduced. Work is bareback and in English tack.
- Beginner 2 Must be 8 – 16 years old. Must be able to walk, groom, and tack with help. Class emphasizes trotting skills. Work is in English tack.
- Beginner 3 Must be 8 – 18 years old. Must be able to walk, trot, groom, and tack with minimal help. Class emphasizes beginning cantering skills. Work is in both English and Western tack.
- Intermediate 1 Must be 8 – 18 years old. Must be able to walk, trot, and canter on the rail and in horse traffic. Work is in both English and Western tack.
- Intermediate 2 Must be 8 – 18 years old. Must be able to walk, trot, and canter on a 20 meter circle and maneuver obstacles and figures. Work is in both English and Western tack.
- Advanced Must be 11 – 18 years old. Must be able to ride a Level 2 4-H test, a training level dressage test, or a western performance pattern on more than one horse. Work is done in both English and Western tack. Permission of Instructor is required.